

**NNLL 2025 Season**

**6U Softball Rules**

Rules and Guidelines for the Season

* Instructional softball: Designed for players who have advanced beyond Teeball, but not yet ready for player pitch.
* For players League Age 4-6. Players age 4 and 5 MUST have one year experience in NNLL.
* 10” softballs used for games
* Game Time - 60 minute game or four innings; whichever comes first
* Games will be played regardless of the number of players present; a team may contribute players to the other team if desired.
* Continuous batting each inning (i.e., everyone bats)
* Coach pitch from a minimum of 10 feet away; can be marked with chalk
* If after (five) 5 pitches the player has not put the ball in play, the player must hit off the tee.
* Defensive outs are encouraged; however, the player will not leave the field and return to the dugout
* No score kept; No outs recorded
* No catcher's position behind home plate; catcher can be played along the first- or third-base side as a way to practice catching and throwing
* Runners advance one base per batter; they may NOT take an extra base on an overthrow; last hit of the inning is a home run and everyone scores
* No stealing, no leading off, and no sliding
* Mandatory play rule: Players must play an infield position (e.g., Pitcher, 1st, 2nd, 3rd, and SS) for at least one full defensive inning, per game, per player

Field Prep - Before & After

* Before each game, the home team chalks the first and third base foul lines and puts out the bases.
* Bases are 50 feet apart
* After the last game on that day, away team puts bases back in the equipment box and rakes/drags the infield dirt
* If playing at another league’s field (e.g., Rio Linda), that home team will clean up the field after the game.
* Each team is responsible for cleaning out their own dugout after the game.
* Visiting team parents must clean their own bleacher area.

**NOTE:** Any rules not specifically addressed below are governed by the 2025 Official Little League rules.